1:Seligmann & Seligmann E-8 (1907-1908) 1911
AX8 Vedda AX8

with the Sinhalese, although, unless for the purpose of barter, they avoid intercourse with strangers. Their wants, however, are so few, that they rarely emerge from their forests[1].

"I need not say that they are very simple and primitive in their habits. The 'wilder sort' have had too little communication with Sinhalese to have acquired the vices of civilization. The few necessities of life which the forest does not supply, such as steel and iron for their arrowheads and axes, and the very scanty clothing which they wear, they obtain by barter, their wax, and honey, elk flesh and ivory, being eagerly sought after by the neighbouring Sinhalese, or 'the ubiquitous Moors'[2]."

There are no puberty ceremonies for either sex, except among certain Veddas who have been much influenced by Tamils or Sinhalese, among whom the girls are isolated for a short time at puberty. Thus although the following ceremony is observed at puberty by the Uniche Veddas, there is no doubt that it has been borrowed from the local Sinhalese who have a similar ceremony, though according to our information the latter people do not break the pot. When a girl becomes unwell for the first time one of her *naena* places a pot of water on her head and goes with her to some place where there is a *nuga* tree. Here the *naena* takes the pot from the girl's head and dashes it on the ground so that the pot breaks. The girl is then secluded in a specially built shelter in which she stays until the end of the period, when she washes and returns to her parents' house. During her seclusion she is attended by a girl, always one of her *naena*, who brings her food in a vessel set apart for this purpose but which is not cooked at a special fire. Among the wilder Veddas no special measures are taken when a woman menstruates, she is allowed to eat the ordinary food, and to sleep in the cave as usual. But among all the village Veddas, and most of those who have mixed at all with the Sinhalese, the menstruous women are strictly isolated, a little shelter being built for them a few paces from the family hut (Plate XX). At Bendiyagalge, where the Henebedda and Kolombedda people were staying at the time of our visit, menstruous women stayed apart at one corner of the cave, they were fed from the pot in

[1] Bailey, *op. cit.* p. 285—286. [2] Bailey, *op. cit.* p. 291.